Benefits for clinicians* include digital therapeutics’ ability to:

**Extend active delivery of care**
- Leverage scalable technology to expand clinicians’ ability to care for patients in and beyond traditional settings
- Be delivered in the context of traditional or novel in-person care, prescribed or authorized through telehealth visits, or utilized in coordination with service-enabled virtual and digital care models
- Provide clinical-grade, personalized therapies to individuals with specific medical needs using technology that is generally accessible from patient-owned devices
- Extend treatment options for conditions that previously have been untreated or undertreated by traditional medications and therapies
- Enhance and support current medical treatments and in-person therapies

**Meet clinical goals**
- Provide secure, actionable data insights and trends regarding:
  - Patient engagement
  - Response to therapy
  - Patient-generated insights
  - Real world outcomes
- Enable data-driven care management and clinical decision making
- Optimize patient outcomes and current therapies, prevent exacerbations, and reduce otherwise unnecessary hospitalizations

**WHAT IS A DIGITAL THERAPEUTIC?**
Digital therapeutics (DTx) deliver therapeutic interventions directly to patients using evidence-based, clinically evaluated software to treat, manage, and prevent a broad spectrum of behavioral, mental, and physical diseases and disorders. DTx products undergo clinical trials, collect real world outcomes, and are subject to rigorous, patient-centered industry principles, best practices, and ethical standards.

*This list provides an industry-level overview. Individual DTx products have additional features or functionalities.