



Benefits for clinicians* include digital therapeutics' ability to:

Extend active delivery of care

- Leverage scalable technology to expand clinicians' ability to care for patients in and beyond traditional settings
- Be delivered in the context of traditional or novel in-person care, prescribed or authorized through telehealth visits, or utilized in coordination with service-enabled virtual and digital care models
- Provide clinical-grade, personalized therapies to individuals with specific medical needs using technology that is generally accessible from patient-owned devices
- Extend treatment options for conditions that previously have been untreated or undertreated by traditional medications and therapies
- Enhance and support current medical treatments and in-person therapies

Align with current care

- Be authorized or prescribed to patients as an independent therapy, in concert with medications, devices, or other interventions to optimize patient care and health outcomes
- Align with medical guidelines, best practices, and current standards of care
- Function alongside other therapeutic interventions in complex treatment protocols
- Integrate seamlessly into health system practice settings, electronic health records, formularies, and coding systems

Meet clinical goals

- Provide secure, actionable data insights and trends regarding:
 - *Patient engagement*
 - *Response to therapy*
 - *Patient-generated insights*
 - *Real world outcomes*
- Enable data-driven care management and clinical decision making
- Optimize patient outcomes and current therapies, prevent exacerbations, and reduce otherwise unnecessary hospitalizations

WHAT IS A DIGITAL THERAPEUTIC?

Digital therapeutics (DTx) deliver therapeutic interventions directly to patients using evidence-based, clinically evaluated software to treat, manage, and prevent a broad spectrum of behavioral, mental, and physical diseases and disorders. DTx products undergo clinical trials, collect real world outcomes, and are subject to rigorous, patient-centered [industry principles](#), [best practices](#), and [ethical standards](#).

*This list provides an industry-level overview. Individual DTx products have additional features or functionalities.